

# Lone Wolf 2010

**Saturday March 13, 2010**

Albany High School 603 Key Route Blvd. Albany, CA 94706

## Honoring Great Grand Master Al Novak

Don't Miss this Special Tribute to our own Living Legend in Martial Arts

The Lone Wolf  
is an OPEN  
Martial Arts  
Tournament  
All Styles and  
All Systems  
are Welcome



The Lone Wolf  
Features Unique  
Custom Made  
1<sup>st</sup> Place Cups  
to the  
Winners in all  
Regular  
Divisions

Promoters: Grand Master Wolf Hillesheim & Elizabeth Hillesheim 510.222.6778

For more Information: [www.goldcupcircuit.com](http://www.goldcupcircuit.com)

- \* 32 Grand Champion Divisions
- \* 2 Year Age Groups for Grands
- \* Medals to ALL 9 and Under
- \* Separate Boys & Girls Fighting Grands
- \* Custom Awards

- \* All 1<sup>st</sup> Time Divisions receive Full Size Trophies
- \* Self Defense Divisions
- \* Continuous Fighting Divisions

- \*Registration Opens 7:30 AM
- \*Referee Meeting 9:00 AM
- \*Kata Divisions Begin 9:15 AM
- \*First Time Kata 10:00 AM
- \*First Time Kumite 11:00 AM
- \*Kumite Divisions Begin 1:00 PM

Pre-Registration Ends March 6, 2010

